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LEXDEN AND WINSTREE RURAL DISTRICT COUNCIL

ANNUAL REPORT

MEDICAL OFFICER OF HEALTH

1968



Lexden Grange, 127 Lexden Road, COLCHESTER, Essex.

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LEXDEN & WINSTREE RURAL DISTRICT COUNCIL

LEXDEN GRANGE, 127, LEXDEN ROAD, COLCHESTER
TELEPHONE: COLCHESTER 77494

9th July 1969

To the Chairman and Members of the Lexden and Winstree Rural District Council

Mr. Chairman, Ladies and Gentlemen,

I have pleasure in presenting my report for 1968.

I have to thank the members of the Council and the Council's staff for their assistance throughout the year.

I have the honour to be, Your obedient Servant,

Sylvia Macmillan

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LEXDEN AND WINSTREE RURAL DISTRICT COUNCIL

1968 - 1969

Chairman of the Council

Lt. Col. J. G. Round, D.L., J.P.

Vice-Chairman of the Council

Mr. J. E. Jackson

Clerk to the Council

D. S. MITCHELL, M.A. (Oxon)

PUBLIC HEALTH COMMITTEE

Chairman: Mrs. C. M. Cock

Vice-Chairman: Lt. Col. J. G. Round, D.L., J.P.

Mrs. A. Bevington Smith

Mr. P. A. Evans

Mrs. D. H. Komlosy

Mr. H. E. Theobald

Lt. Col. R. H. A. Lucas

Mr. G. F. C. Kemp

Mr. R. M. S. Neave

Mr. J. Jackson

Mr. R. W. R. Browning

Mr. C. J. Grant

Mrs. E. Polley

Maj. J. H. Charnock

Mr. R. J. Thomas

PUBLIC HEALTH DEPARTMENT STAFF

as at 31st December, 1968

Medical Officer of Health

SYLVIA MACMILLAN, M.R.C.S., L.R.C.P., M.B.B.S., D.P.H.

also Medical Officer of Health to the Wivenhoe Urban District Council, West Mersea Urban District Council, and Assistant County and School Medical Officer, Essex County Council.

Chief Public Health Inspector, Engineer and Surveyor

G. A. GRAVES, M.I.Mun.E.,

Additional Public Health Inspector and Assistant Surveyor

A. G. SADLER, A.R.S.H.,

Additional Public Health Inspectors

B. M. LOWEN, M.A.P.H.I.,

M. J. KING (from - 16.12.68.)

Technical Assistant

M. J. KING (to - 16.12.68.)

Council Offices, Lexden Grange, 127 Lexden Road, Colchester.

Telephone - Colchester 77494

LEXDEN AND WINSTREE RURAL DISTRICT COUNCIL

STATISTICS AND SOCIAL CIRCUMSTANCES OF THE AREA

GENERAL STATISTICS

| Area of the District (acres) | 66,584 |
|--|----------------|
| Number of parishes | 32 |
| Estimated population (mid year) | 27,920 |
| Estimated population (mid year) (England and Wales) | 48,593,000 |
| Number of persons aged 65 and over (based on Registrar | |
| General's figure taken from 1961 Census.) | 3 , 556 |
| Rateable Value 31.3.69. | £891,883 |
| Sum represented by a penny rate 1968/69 | €3,600 |
| Number of houses in the District | 10,617 |
| Number of houses owned by the Council | 1,748 |

SOCIAL CONDITIONS

The district occupies an area partially surrounding the Borough of Colchester: its northern boundary is the River Stour, which separates it from Suffolk. South-east of Colchester its eastern boundary is the River Colne and the Blackwater Estuary.

While the district is still mainly rural, development is taking place rapidly in the ring of villages surrounding Colchester and these serve increasingly as dormitory areas for persons employed in the Town and in London.

The majority of the working population find employment outside the district mainly in Colchester and to an increasing extent in London.

EXTRACTS FROM VITAL STATISTICS

The population of the area continues to increase as it has done each year since 1958. During the previous decade 1948 - 1958 there was a steady decrease in population.

The birth rate increased last year as shown in the table. In 1957 it was 13.7, last year 24.2. More than twice the number of children were born than in 1957.

It can be seen from the table that the district's birth rate has remained markedly above that of the national average since 1962.

There is a slight increase in the death rate of 11.0 compared with 1967 when it was 9.7, but over the last ten years this rate has remained remarkably constant.

Coronary disease is still in the lead as a cause of death, there is an increase from 53 deaths in 1967 to 97 deaths from this cause in 1968.

There is an increase in the number of deaths from cancer of the lung. In 1967 the number was 9, and in 1968 there were 19.

Of people under 65 years old by far the most frequent cause of death is from coronary disease:-

| <u>1966</u> | <u>1967</u> | <u>1968</u> |
|-------------|-------------|-------------|
| | 1 | 0.7 |
| 12 | 14 | 23 |

BIRTH STATISTICS

The following table gives the number of annual births in Lexden and Winstree and also the birth rates for the district compared with those for England and Wales from 1957 to 1968.

The Birth Rate is the number of live births per 1,000 mid year estimated population and the Rate referred to is adjusted for age structure to compare with the national rate.

BIRTH RATE

| | Lexden and Winstree | England and Wales | Number of births in Lexden and Winstree |
|------|---------------------|-------------------|---|
| 1957 | 13.7 | 16.1 | 267 |
| 1958 | 17.4 | 16.4 | 335 |
| 1959 | 16.8 | 16.5 | 328 |
| 1960 | 16.3 | 17.1 | 318 |
| 1961 | 17.0 | 17.4 | 337 |
| 1962 | 19.3 | 18.0 | 392 |
| 1963 | 21.6 | 18.2 | 438 |
| 1964 | 21.9 | 18.4 | 473 |
| 1965 | 24.5 | 18.0 | 556 |
| 1966 | 22.3 | 17.7 | 527 |
| 1967 | 23.0 | 17.2 | 553 |
| 1968 | 24.2 | 16.9 | 593 |

LIVE BIRTHS

| Total No. | of l | ive bir | ths 593 |
|------------|----------|---------|---------|
| Legitimate | ; | | 561 |
| Illegitima | ıte | | 32 |

| 222002442 |) - | |
|--|---|---|
| Live birth rate per 1,000 estimate Comparability factor for the distr Live birth rate per 1,000 populati Live birth rate per 1,000 for Engl. Ratio of local adjusted birth rate Illegitimate live births (as % of STILL BIRT | eict on (corrected) and and Wales to national rate total live births) | 21.2 1.14 24.2 16.9 1.43 5.4 |
| Total number of still births | | 10 |
| | n : n (:mm) (:::::::::::::::::::::::::::::::: | • |
| Still birth rate per 1,000 total (| | 17 |
| Still birth rate per 1,000 total (| live and still) births | |
| E | Ingland and Wales | 14 |
| | | |
| | | |

TOTAL NUMBER OF LIVE AND STILL BIRTHS

603

INFANT MORTALITY

Deaths of infants under one year of age

| Infant Mortality (number of deaths under 1 year of age) | 10 |
|--|------|
| Infant Mortality Rate (Total infant deaths per 1,000 total live births) | 17.0 |
| Infant Mortality Rate England and Wales | 18.0 |
| Illegitimate infant deaths under 1 year of age | 1 |
| Legitimate infant deaths per 1,000 legitimate live births | 5•3 |
| Illegitimate infant deaths per 1,000 illegitimate live births | 31.2 |
| Neonatal Mortality Rate (Deaths under 4 weeks old per 1,000 total live births) | 17 |
| Neonatal Mortality Rate England and Wales | 12. |
| Early Neonatal Mortality Rate (Deaths under 1 week old per 1,000 total live births) | 15.2 |
| Early Neonatal Mortality Rate England and Wales | 10.5 |
| Perinatal Mortality Rate (Stillbirths and deaths under 1 week old combined per 1,000 live and still births) | 32 |
| Stillbirths and deaths under 1 week old combined per 1,000 live and still births England and Wales | 25 |
| , and the second | |
| Maternal Mortality (including abortion) - | |
| Number of deaths | 0 |
| Maternal Mortality Rate | 0 |
| (Maternal deaths per 1,000 total live and still births) | |

DEATH RATE

| Death rate per 1,000 estimated resident population | 14.3 |
|---|------|
| Comparability figure | 0.77 |
| Corrected death rate | 11.0 |
| England and Wales | 11.9 |
| Ratio of local adjusted death rate to national rate | 0.93 |

DEATHS IN THE VARIOUS AGE GROUPS

Total deaths in the area - 400

| Age | Number of | Deaths |
|------------------|-----------|--------|
| Under 1 week | 9 | |
| 1 week - 4 weeks | 1 | |
| 4 weeks - 1 year | 0 | |
| 1 - 5 years | 1 | |
| 5 - 15 years | 3 | |
| 15 - 25 years | 2 | |
| 25 - 35 years | 4 | |
| 35 - 45 years | 3 | |
| 45 - 55 years | 14 | |
| 55 - 65 years | 46 | |
| 65 - 75 years | 111 | |
| 75 and over | 206 | |
| | | |
| V on a | 400 | |
| | | |

CAUSES OF DEATH

| CAUSES OF DEAT | <u>PH</u> | | 44 |
|--|-----------|------------|-------------------|
| | Male | Female | Total |
| Other Tuberculosis | 1 | | 1 |
| Malignant Neoplasm - Stomach | 2 | 2 | 4 |
| Malignant Neoplasm - Lung, Bronchus | 14 | 5 | 19 |
| Malignant Neoplasm - Breast | | 14 | 14 |
| Malignant Neoplasm - Uterus | _ | 2 | 2 |
| Leukaemia | 3 | 2 | _ 5 |
| Other Malignant Neoplasms, etc. | 18 | 7 | 25 |
| Diabetes Mellitus | _ | . 4 | 4 |
| Other Endocrine etc. Diseases | *** | 1 | 1 |
| Anaemias | ••• | 3 | 3 |
| Other Diseases of Nervous System, etc. | 1 | 1 | 3 2 |
| Chronic Rheumatic Heart Disease | 1 | 6 | 7 |
| Hypertensive Disease | 5 | 9 | 14 |
| Ischaemic Heart Disease | 62 | 3 5 | 97 |
| Other Forms of Heart Disease | 11 | 11 | 22 |
| Cerebrovascular Disease | 14 | 31 | 45 |
| Other Diseases of Circulatory System | 7 | 6 | 13 |
| Influenza | 3 | 6 | 9 |
| P ne umonia | 11 | 15 | 26 |
| Bronchitis and Emphysema | 16 | 4 | 20 |
| Other Diseases of Respiratory System | 2 | 2 | 4 |
| Peptic Ulcer | 3 . | 1 | 4 |
| Intestinal Obstruction and Hernia | 3 | 4 | 7 |
| Other Diseases of Digestive System | 1 | 3 | 4 |
| Nephritis and Nephrosis | 1 | 2 | 3 |
| Hyperplasia of Prostate | 1 | - | 1 |
| Other Diseases, Genito-Urinary System | 1 | _ | 1 |
| Diseases of Skin, Subcutaneous Tissue | _ | 1 | 1 |
| Diseases of Musculo-Skeletal System | | 1 | 1 |
| Congenital Anomalies | 1 | 2 | 3 |
| Birth Injury, Difficult Labour etc. | 1 | *** | 1 |
| Other Causes of Perinatal Mortality | 1 | 3 | 4 |
| Symptoms and Ill-Defined Conditions | 8 | 17 | 25 |
| Motor Vehicle Accidents | 2 | 2 | 4 |
| All Other Accidents | 1 | 2 | 25 4 3 1 |
| Suicide and Self-Inflicted Injuries | 1 | - | 1 |
| 0 | 100 | 201 | 400 |
| 7.* | 196 | 204 | 400 |

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

LABORATORY FACILITIES

The laboratories available are situated at:

The Essex County Hospital

The Public Health Laboratory, Woodbridge Road, Ipswich.

AMBULANCE

Non-emergency calls are not accepted from the General Public.

To obtain an ambulance in an emergency lift the telephone receiver and ask for an ambulance. If there is a dialling system in operation, dial 999 or 100 and ask for an ambulance.

HEALTH SERVICES PROVIDED BY THE ESSEX COUNTY COUNCIL

Ante-natal and post-natal clinics

Midwives

Nursing in the home

Health Visiting

Mental Welfare

Home Helps

Chiropody

Vaccination and Immunisation against Diphtheria, Whooping Cough, Poliomyelitis, Tuberculosis, Tetanus & Measles.

Provision of nursing equipment and apparatus

School Health Service

Womans Welfare Clinic is held at the Central Clinic, East Lodge Court, High Street, Colchester, at 10 a.m. on 1st and 3rd Thursday.

Relaxation and Mothercraft Classes are also held at the Central Clinic, East Lodge Court, High Street, Colchester, on Tuesdays at 10 a.m. and on Wednesdays, Thursdays, and Fridays at 2.30 p:m.

Infant Welfare Clinics are held in the following villages:

TIPTREE - Health Services Clinic, Church Road, Tiptree. (All services)
Tel. Tiptree 6475

LAYER DE LA HAYE - Second Thursday at the Women's Institute at 2 p.m. Chiropodist - 3rd Thursday at 2 p.m.

ROWHEDGE - First and Fourth Thursdays at the Pavilion, Rectory Road, at 2 p.m.

ABBERTON - Second Tuesday at the Village Hall at 2 p.m.

STANWAY - Each Tuesday at the Village Hall at 2 p.m.

DEDHAM - Fourth Thursday at the Hewitt Hall at 2 p.m. Chiropodist - 1st and 3rd Thursdays at 2 p.m.

WEST BERGHOLT - Second and Fourth Tuesdays at the Orpen Hall at 2 p.m.

BOXTED - Last Wednesday at the Methodist Church Hall at 2 p.m.

EIGHT ASH GREEN - Second and Fourth Mondays at the Village Hall at 2 p.m.

GREAT TEY - Third Tuesday at the Village Hall at 2 p.m.

MARKS TEY - Third Wednesday at the Village Hall at 2 p.m.

COPFORD - Fourth Thursday at the Village Hall at 2 p.m.

Assistance from the Home Help Service is obtained by communicating with the Area Organiser, Area Health Offices, East Lodge Court, Colchester. Telephone - Colchester 79411/9.

HEALTH SERVICES PROVIDED BY THE REGIONAL HOSPITAL BOARD

The Chest Clinic is situated at St. Mary's Hospital, Popes Lane, Colchester, and is open daily.

Sessions are held at the Essex County Hospital on Mondays, 5 p.m. to 7 p.m. for males and females. Fridays 2 p.m. to 4 p.m. for males and females.

Health Service Clinic, East Lodge, High Street, Colchester.

and Monkwick Health Clinic, Queen Elizabeth Way, Colchester.

Family Planning Association - Mondays and Tuesdays (except those

following Bank Holidays) between
6.00 p.m. and 7.30 p.m.
and at Monkwick Clinic, Fridays 10 - 11.30 a
and Wednesdays 9.45 a.m. - 12 noon.

NATIONAL ASSISTANCE (AMENDMENT) ACT

No action was necessary.

MEALS ON WHEELS

This service is carried out by the W.R.V.S. and financially aided by the Rural District and County Council. Table I shows that nearly 500 more meals were served in 1967 than in 1966, and that almost 1,000 more were served in 1968 than in 1967.

| | TABLE I | | | |
|----------------------------|--------------|--------------|--------------|---|
| | 1966 | 1967 | 1968 | |
| 1st Quarter 2nd Quarter | 1552 1418 | 1895 1813 | 1874 1952 | * |
| 3rd Quarter 4th Quarter | 1500 1821 | 1360 1719 | 1794 2089 | * |
| • | 6291 | 6787 | 7709 | |
| | | | | |

^{*} These figures are the highest since the service started.

Table II shows the number of meals each parish concerned served in 1967 and 1968. There are no comparable figures available for 1966, owing to a change of Organiser.

| TABLE 11 | | |
|------------------|------|------|
| | 1967 | 1968 |
| Rowhedge | 1497 | 2262 |
| Tiptree | 1348 | 1536 |
| Stanway | 1263 | 1629 |
| West Bergholt | 1242 | 818 |
| Dedham | 960 | 849 |
| Layer-de-la-Haye | 495 | 615 |

The Service is able to provide meals for nearly all cases where they are actually wanted with a few exceptions.

A tribute should be paid to the devoted work done by the W.R.V.S. teams and their Organisers.

PRE-SCHOOL PLAY GROUPS FOR CHILDREN FROM 2½ to 5 YEARS OLD AND CHILD MINDERS REGISTERED UNDER NURSERIES AND CHILD MINDERS REGULATION ACT, 1948

PLAY GROUPS (The number has increased during the year by four):-

| | No. of Children | No. of Sessions | | | No. of Children | No. of Sessions |
|-----------------|-----------------|--------------------|---|---------------|-----------------|--------------------|
| Peldon | 20 | . 2 | | Wakes Colne | 20 | 2 |
| Rowhedge | 20 | 2 | | Marks Tey | 30 | 2 |
| Stanway | 30 | 2 | • | West Bergholt | 15 | 4 |
| Tiptree | 35 ° | . 7 | | West Bergholt | -20 - | 2 |
| Tiptree | 20 | 2 | | Chappel | 10 | . 5 |
| Tiptree | 10 | 4 | | Dedham | 6 | 5 |
| Eight Ash Green | 20 | 2 | | Langham | 8 | 3 |

CHILD MINDERS: There are now so many of these and the number is increasing so rapidly that no useful purpose would be served by enumerating them.

PUBLIC HEALTH INSPECTOR'S REPORT

The Chairman and Members of the Lexden and Winstree Rural District Council

Mr. Chairman, Ladies and Gentlemen,

I beg to submit my report of work carried out during the year ending 31st December, 1968.

HOUSING

The total number of houses built by private enterprise within the district decreased during the year to 226. This decrease is probably due to the restrictions imposed under the Planning Acts.

The number of Council owned dwellings built during the year was 21.

The number of houses improved with the aid of Discretionary and Standard Grants is once again at a satisfactory level.

Steady progress was maintained in dealing with unfit houses and in particular with inspecting houses as and when they became vacant as this is undoubtedly the most advantageous time to require improvement and repair.

The present housing record cards are largely based on a survey carried out in 1946/47 with amendments where re-inspections have been made, and consequently a resurvey of properties was commenced during 1967, and it is hoped that the whole of the district will be covered by this survey within the next two years.

HOUSING STATISTICS FOR 1968

| 1. | | of permanent dwellings in this district at December, 1968. | 10,617 |
|----|---------|---|--------|
| 2. | | of Council owned dwellings in the district at December, 1968. | 1,748 |
| 3. | Inspec | tion of dwellings during the year:- | |
| | (i) | Inspected for housing defects under Public Health Acts. | .459 |
| | (ii) | Inspected for housing defects under Housing Acts. | 611 |
| | (iii) | Number of dwellings found to be in need of repair or lacking essential amenities. | 505 |
| 4. | | houses made fit and houses in which defects were | • • |
| | (i) | After informal action by Local Authority. | 254 |
| | (ii) | After formal notice under the Public Health Acts. | NIL |
| | (iii) | After formal notice under the Housing Acts. | NIL |
| 5. | Number | of houses demolished during 1968. | 64 |
| | Number | of houses closed during 1968. | . 11 |
| 6. | Number | of houses erected by private enterprise. | 226 |
| | Number | of Council houses completed. | 21 |
| 7. | Applica | ations approved for Discretionary Improvement Grants. | 9 |
| | Applica | ations approved for Standard Improvement Grants. | 70 |

PROGRESS IN SLUM CLEARANCE DURING 1968

| | | | | | | | | | |
|--|---|--|---|---|------------------------------------|--|---|--|---|
| | 1 | Properties down graded to Cat. 5 in 1968 | demo- lished in | Houses made fit in 1968 | Cat.5 | Houses subject to demo- lition Orders or Closing Orders | Houses subject to under- taking | | Listed Cat.5 houses still occupied |
| Abberton Aldham Bergholt, West Birch Boxted Chappel Colne, Wakes Copford Dedham Donyland, East Eight Ash Green Fingringhoe Fordham Horkesley, Gt. Horkesley, Lt. Langenhoe Langham Layer Breton Layer Marney Mersea, East Messing cum Inworth Mount Bures Peldon Salcot & Virley Stanway Tey, Great Tey, Marks Tiptree Wigborough Great & Little Wormingford | 228651 N1852544461 N7601 N17601 71544757 49 | Nil | Nil 14 Nil 2 Nil 3 13 Nil Nil Nil Nil Nil Nil Nil Nil Nil Nil | Nil Nil Nil 2 1 Nil 1 Nil 1 2 Nil | 21472Ni449442431N34311 61147413 33 | Nil Nil 1 Nil 2 Nil 3 2 11 2 1 3 1 Nil | 1 1 4 3 Nil | 1 Nil 9 4 Nil Nil 6 1 7 2 2 1 1 2 Nil Nil Nil 1 1 1 Nil 1 4 10 1 8 2 Nil | 1 Nil 2 Nil Nil 2 Nil |
| | 199 | 31 | 58 | 18 | 154 | 49 | 34 | 71 | 39 |

WATER

The Colchester and District Water Board are responsible for the supply and distribution of water throughout the District except in the parish of Dedham which is supplied by the Tendring Hundred Waterworks Company Limited. The sampling of untreated water from the various sources of supply is carried out by the Water Board who have supplied copies of a typical analysis for inclusion in this report. Bacteriological samples of the treated mains water are submitted for examination by this Department from time to time.

All the samples of mains water sent for bacteriological examination were found to be satisfactory.

Mains water is available in all parishes in the District and 97% of the population are supplied with mains water.

ALDHAM AND DISTRICT WATER SUPPLY

CHEMICAL RESULTS IN PARTS PER MILLION

| Appearance Clear and bright. | |
|----------------------------------|---|
| Colour Nil | |
| pH 7.6 | |
| Electric Conductivity 1100 | |
| Chlorine present as Chloride 215 | |
| Hardness: Total 220 | C |
| Nitrate Nitrogen 0.0 | |
| Ammoniacal Nitrogen 0.63 | |
| Albuminoid Nitrogen 0.00 | |
| Metals Iron - 0.06 | |
| Zinc, Copper, Lead : Absent. | |

| Turbidity Nil |
|-------------------------------------|
| Odour Nil |
| Free Carbon Dioxide 14 |
| Dissolved Solids dried at |
| 180°C 740 |
| Carbonate 220 Non-carbonate 0 |
| Alkalinity as Calcium Carbonate 275 |
| Nitrite Nitrogen Absent |
| Oxygen Absorbed 0.40 |
| Residual Chlorine Absent |
| Fluoride: 2.5 |

BACTERIOLOGICAL RESULTS

| | 1 day at 37° C | 2 da y s at 37°C | 3 days at 20-22 C |
|---|----------------------|-------------------------|------------------------------|
| Number of colonies developing on Agar | - per ml | - per ml | - per ml |
| | Present in | Absent from | Probable No. |
| Presumptive Coliform reaction Bact. Coli. (Type 1) Cl. welchii reaction | - ml - ml - ml | - ml - ml - ml | - per 100 ml - per 100 ml |

This sample is clear and bright in appearance, has a reaction on the alkaline side of neutrality and is free from metals apart from a very minute trace of iron. The water is hard in character but its hardness and its content of mineral and saline constituents in solution are not considered excessive. It conforms to the highest standard of organic quality.

These results indicate, from the aspect of the chemical analysis, a pure and wholesome water suitable for public supply purposes.

MOUNT BURES AND DISTRICT WATER SUPPLY

CHEMICAL RESULTS IN PARTS PER MILLION

| Appearance Very faint opalescence with particles. | Turbidity 1.5 Odour Nil |
|---|---------------------------|
| Colour Nil | Free Carbon Dioxide 30 |
| рН 7.3 | Dissolved Solids dried at |
| Electric Conductivity 820 | 180°C 590 |
| Chlorine present as Chloride 106 | |
| Hardness: Total 320 Carbona | te 285 Non-Carbonate 35 |
| Nitrate Nitrogen 0.0 | Alkalinity as Calcium |
| Ammoniacal Nitrogen 0.26 | Carbonate 285 |
| Albuminoid Nitrogen 0.00 | Nitrite Nitrogen Absent |
| Metals Iron - 0.16 . | Permanganate Value 0.00 |
| Zinc, Copper, Lead: Absent | Residual Chlorine Absent |

- BACTERIOLOGICAL RESULTS

| | 1 day at 37° C | 2 days at 37 C | 3 days at 20-22 C |
|--|----------------------|----------------------|-------------------|
| Number of colonies developing on Agar | - per ml | - per ml | - per ml |
| | Present in | Absent from | Probable No. |
| Presumptive Coliform reaction Bact. Coli.(Type 1) Cl. Welchii reaction | - ml - ml - ml | - ml - ml - ml | - per 100 ml |

This sample is practically clear and bright in appearance, neutral in reaction and free from metals apart from a minute trace of iron. The water is very hard in character but its hardness and content of mineral and saline constituents in solution are not considered excessive. It conforms to the highest standard of organic quality.

DETAILS OF HOUSES AND CIVILIAN POPULATION

SUPPLIED WITH MAINS WATER

| | | | Dir | ect to | house | Fro | m Stand | dpipes |
|---|---|---|---|---|--|--|---|---|
| | Est. Civilian Popn. | | No. of houses | | % Popn• | No. of houses | | % Popn. |
| Abberton Aldham Bergholt, West Birch Boxted Chappel Colne, Wakes Copford Dedham Donyland, East Eight Ash Green Fingringhoe Fordham Horkesley, Great Horkesley, Little Langenhoe Langham Layer Breton Layer-de-la-Haye Layer Marney Mersea, East Messing-cum-Inworth Mount Bures Peldon Salcot Stanway Tey, Great Tey, Marks Tiptree Virley Wigborough, Great and Little Wormingford | 186 425 1,833 694 1,106 393 950 1,548 1,199 642 7 1,548 1,199 637 1,548 1933 207 292 335 169 151 3,602 1,074 4,958 46 207 306 | 75 183 746 444 150 345 657 443 657 443 657 443 657 697 79 128 157 398 192 192 193 194 195 196 196 196 196 196 196 196 196 196 196 | 72 158 72 158 72 158 73 10 10 10 10 10 10 10 10 10 10 10 10 10 | 176 409 1719 652 1065 348 320 1511 631 602 1089 1501 1089 201 269 269 404 3797 4529 4529 4529 4529 4529 4529 4529 4529 | 94.6.28 9.37 4.6.36 8.35 4.33 9.88 9.99 9.89 9.99 9.99 9.99 9.99 9 | 27175164692815221516132 - 701213651 6 | 6 6 4 6 6 7 4 5 3 7 8 2 5 7 7 3 8 4 0 3 9 6 - 17 0 3 3 8 5 7 3 3 1 3 1 3 3 1 | 3.4.1.5.8.7.3.8.4.9.9.9.4.5.6.6.4.7.3.4.1.8.4.9.1.6.9.0.6.9.0.8.3.3.8.7.5.2.7.1.0.0.8.3.3.8.7.5.2.7.1.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0 |
| | 27,920 | 10,616 | 9,918 | 26,135 | 93.6 | 352 | 1,006 | 3.4 |

SEWERAĞÊ

The villages of Tiptree, Stanway, West Bergholt, Rowhedge, Copford, Marks Tey, Eight Ash Green, Aldham, Fordham, Great Tey, Chappel, Wakes Colne, Wakes Colne Green, Great Horkesley, Messing, Fingringhoe, Abberton, Langenhoe, Peldon, Birch and Layer Breton are provided with sewers.

Sewage disposal works are provided at Tiptree, Dedham, West Bergholt, Fordham, Copford, Great Tey, Wakes Colne, Fingringhoe and Birch.

The sewage from the greater part of Stanway and Rowhedge is discharged into the Colchester Corporation Sewerage System.

Substantial progress was made during the year in the provision of sewers. Work was completed on the Fingringhoe, Abberton, Langenhoe and Peldon scheme and the Birch and Layer Breton Scheme and work was commenced on the Layer-de-la-Haye scheme.

Work is also in progress on the Salcott scheme and the extensions to the disposal works at Tiptree.

The schemes to serve Dedham Heath and Lamb Corner, Dedham,
Wormingford, Langham, Boxted, Easthorpe, Great and Little Wigborough
and the Blackheath area are at various stages of preparation.

The response from property owners in connecting their properties to the sewer when it becomes available continues to be quite good and a number of long standing drainage nuisances have been abated by provision of drainage to the sewer.

An increasing volume of work arises in the department in advising on and approving and testing alterations to existing drainage systems and this has to be given priority over other work.

ATMOSPHERIC POLLUTION

In conjunction with the Essex County Council a smoke/sulphur dioxide measuring instrument is operating at Little Horkesley reservoir. This forms a part of the National Survey of Air Pollution in Great Britain organised by the Air Pollution Division of the Ministry of Technology.

The instrument draws in a measured quantity of air from which information regarding the smoke and sulphur dioxide in the atmosphere is deduced.

This information is forwarded monthly to the Ministry of Technology.

POULTRY INSPECTION

There is one poultry processing premises within the district which processes hens.

From February 1967 all poultry at these premises has been inspected using the "spotter" system by which suspect birds are put out by an experienced operator for inspection by the Public Health Inspector who also does a routine check of the other birds.

| Number of visits to premises | 77 |
|---|--------|
| Total number of birds processed during the year | 20,390 |
| Total number of birds condemned during the year | 772 |
| Percentage of birds rejected as unfit for human consumption | 3.8% |

MEAT INSPECTION

There are two licensed slaughterhouses in the district, one at Dedham and the other at Boxted which serve the requirements of the respective owners. Both comply with the slaughterhouse construction regulations.

All animals slaughtered in the district have been inspected by a qualified Inspector for the past twenty years. The Meat Inspection Regulations, 1963, which came into operation on 1st October, 1963, require that all meat at slaughterhouses must be inspected before it is removed from the slaughterhouse. These regulations also prescribe the method of inspection to be carried out and require that all meat inspected and passed as fit for human consumption must be marked.

These requirements have been fully carried out despite the fact that a number of animals are regularly slaughtered on Saturday afternoon and evening each week.

Any unsound or diseased meat is either buried or removed from the premises under supervision for disposal at the local fat extraction plant.

MEAT AND OTHER FOODS

CARCASES AND OFFAL INSPECTED AND CONDEMNED IN WHOLE OR IN PART DURING 1968

| , | Cattle excluding cows | Cows | Calves | Sheep and Lambs | Pigs | Horses |
|---|-----------------------------|------------|------------|-----------------------|--------------|--------|
| Number killed | 436 | | - | 712 | 858 | - |
| Number inspected | 436 | - | - | 712 | 858 | - |
| All diseases except Tuberculosis and cystercerci Whole carcases condemned | _ | - | - : | | . | - |
| Carcases of which some part or organ was condemned | 32 | - | - | 9 | 77 | - |
| Percentage of the number inspected affected with disease other than tuberculosis and cystercerci | 7•3% | _ | - | 1.3% | 8.7% | - |
| Tuberculosis only Whole carcases condemned | - . | - , | 🕶 | - | _ | - |
| Carcases of which some part or organ was condemned | - | a- | - | - | 6 | - |
| Percentage of the number inspected affected with tuberculosis | - | _ | - | - | 0.7% | - |
| Cysticercosis Carcases of which some part or organ was condemned Carcases submitted to treatment by refrigeration | - | - | - | - | - | - |
| Generalised and totally condemned | - | - | - | _ | una. | - |

FOOD PREMISES

The majority of food premises are owner occupied and the owner is directly responsible for the running of the business. Standards of construction and hygiene are generally satisfactory and during the year frequent inspections have been made to all types of food premises. Conditions in some of the transport cafes still necessitate frequent inspection to ensure that sufficient attention is being given to hygiene and cleanliness.

Details are given below of the number of food premises in the district, subject to the Food Hygiene (General)Regulations, 1960, grouped in categories of trade carried on in them:-

| Trade | Number of Premises | Fitted to comply with Reg16 | Reg. 19 | Fitted to comply with Reg. 19 |
|-----------------------------|--------------------------|-----------------------------|---------|-------------------------------|
| General | 90 | 85 | 78 | 74 |
| Bakers and Confectioners | 9 | 9 | 8 | 7 |
| Catering Premises | 118 | 114 | 117 | 116 |
| Butchers | 14 | 14 | 14 | 13 |
| Fishmongers | 3 | 2 | 3 | 3 |
| Brewers | 1 | 1 | 1 | 1 |

Regulation 16 - Provision of wash hand basins.

Regulation 19 - Provision of sinks, or other facilities, for washing food and equipment.

FOOD CONDEMNED

| | Tons | Cwts. | Lbs. |
|-------------------------------|-----------------------|-------------|------|
| Meat at slaughterhouses | | 6 | 45 |
| Meat at wholesale premises | | | 17 |
| Cooked meat and meat products | | | 6 |
| Canned meats | 1 | 16 | 15 |
| Other canned foods | <i>L</i> ₊ | | 75 |
| Fish (fresh) | | | 48 |
| Other foods | | | 82 |
| TOTAL | 6 | 1. | 64 |
| TOTAL | | | |

REFUSE COLLECTION

A successful works study survey was carried out during the year, by members of the staff of this Department, which resulted in the complete reorganisation of one collection round and the partial reorganisation of the remaining four. It is hoped, during the first half of 1969, to have a trial of paper/polythene sacks as bin liners at the Council's new housing estate at Aldham. Five vehicles and fourteen men are employed on this service.

RODENT CONTROL

The Council employs one full time rodent operator who undertakes treatment of dwellinghouses upon request or when found to be infested with rate or mice following routine inspection.

Business premises are treated but a charge is made for labour and materials. The Council also undertakes the treatment of agricultural premises on a yearly contract basis.

Summary of Visits during 1968

| | No. of properties treated | No. of Visits |
|--|---------------------------|---------------|
| Agricultural Premises | 56 | 438 |
| Other premises including domestic premises | 463 | 761 |

In addition 21 wasp's nests were destroyed by the rodent operator during the year at premises within the district and two properties disinfected.

SUMMARY OF INSPECTIONS MADE DURING 1968

| Premises inspected under Public Health Acts Reinspections under Public Health Acts Premises inspected under Housing Acts Reinspections under Housing Acts Slaughterhouse inspections Food and Drugs Act Bakehouse inspections Factories and Workshops Appointments and interviews with property owners Water samples taken for analysis Rodent Control Moveable Dwellings Refuse Collection Petroleum installations inspected Clean Air Act Offices, Shops and Railway Premises Act Diseases of Animals Act Animal Boarding Establishments Act Dairy Inspections Small Dwellings Acquisition Acts Poultry Processing Establishments Civic Amenities Act Noise Abatement Act Road Numbering | 1014 166 611 664 | 166 156 4 9 203 29 1368 44 275 29 67 64 5 7 7 76 72 18 4 |
|--|---------------------------|--|
|--|---------------------------|--|

FACTORIES ACT, 1961

Inspections have been made at the various factories and defects observed have been remedied. The following table gives details of work done.

Inspections for Purposes of Provisions as to Health (including inspections made by Public Health Inspectors)

| Premises | No. on Register | Number of | | | |
|--|--------------------|-----------|-----|-------------------------|--|
| Tremizes | at 31.12.68. | | | Occupiers prosecuted | |
| (i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by the Local Authority | | 11 | NIL | NIL | |
| (ii) Factories not included in (i) in which Section 7 is enforced by the local authority | 89 | 55 | NIL | NIL | |
| (iii) Other premises in which Section 7 is enforced by the local authority(excluding outworkers' premises) | 18 | 5 | NIL | NIL: | |
| TOTALS | 123 | 71 | NIL | NIL | |

Cases in which defects were found

| | No. of | | in which found | No. of cases in | | |
|-----------------------------|--------|--------|-----------------------------|-----------------|-------------------------------------|--|
| Particulars | Found | Reme- | Refer to H.M. Inspec. | by H.M. | which prosecutions were instituted. | |
| Want of cleanliness | NIL | N I:L: | NII1 | NIL . | NIL. | |
| Overcrowding | NIL | NIL | NIL | NIL | NIL | |
| Unreasonable temperature | NIL | NIL | NIL | NIL | NIL . | |
| Inadequate ventilation | NIL | NIL | NIL | NIL | NIL | |

Cases in which defects were found (contd.)

| | No. of cases in which defects were found | | | | No. of cases in which | |
|--|---|-----------------------|------------|-----------------------------|------------------------------------|--|
| Particulars | Found | Reme- died | | erred by H.M. Inspec. | prosecutions were instituted | |
| Ineffective drainage of floors | NIL | NIL | NIL | NIL | NIL | |
| Sanitary Conveniences a) insufficient b) unsuitable or defective c) not separate for sexes | 2 1 NIL | 2` 1 NIL | NIL NIL | 2 1 NIL | NIL NIL | |
| Other offences against the Act (not including offences relating to outwork). | | 1 | NIL | NIL | NIL | |
| TOTALS: | 4 | L _† | NIL | 3 | NIL | |
| OUTWORK | | | | | | |

OUTWORK

| | Section 137 | | | Section 134 | | |
|-----------------------------|--|---------------|---|--|-------------------|-------------------|
| Nature of Work | No. of out- workers in Aug. list | default in | prosecu- tions for failure to | No. of instances of work in un- whole- some premises | Notices served | Prose- cutions |
| Wearing Apparel Making etc. | 14 | NIL . | NIL | NIL | NIL | NIL |
| Furniture & upholstery | NIL | NIL | NIL | NIL | NIL | NIL |
| TOTALS | 14 | NIL | NIL | NIL | NIL | NIL |

OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

All premises newly registered this year have received a general inspection.

Good progress has been made during the year on follow-up inspections of those premises where contraventions were found at the time of the general inspection.

During the earlier general inspections it was found that most occupiers were failing to display an abstract of the Act. It was therefore found convenient to purchase copies of the appropriate booklet in bulk and offer them for sale where necessary at the time of inspection. This has been found to be very acceptable by the occupiers of the premises concerned.

One accident was reported during the year. A female assistant at a butcher's shop strained her back when lifting a tray of sausages.

No prosecutions were instigated during the year.

| Class of Workplace | Total No. of premises regis- tered | No. of registered premises receiving general inspection during the year | | premises receiving general inspection | | No. of persons employed in registered premises |
|--|------------------------------------|---|-------|---------------------------------------|--|--|
| Offices | 17 | 4 | | 64 | | |
| Retail Shops | 71 | 5 | | 197 | | |
| Wholesale Shops, Warehouses | 5 | 1 | | 88 | | |
| Catering Estab- lishments, Canteen | 17 | <i>l</i> _‡ | | 64 | | |
| Fuel Storage Depots | - | NIL | | - | | |
| TOTALS | 110 | 14 | | 413 | | |
| | | | Males | 191 | | |

Number of visits of all kinds (including general inspections) to registered premises

Females

222

63

and the same of th



